



Let's Talk Menopause, HIV, and **HOT** Flashes!

UCLA Health


CARE Center

WE ARE STUDYING THE SAFETY AND EFFECTIVENESS OF MENOPAUSAL HORMONE THERAPY (HT) FOR WOMEN LIVING WITH HIV WHO ARE EXPERIENCING HOT FLASHES OR NIGHT SWEATS. THE STUDY AIMS TO SEE IF HT CAN REDUCE THESE SYMPTOMS AND IMPROVE OVERALL HEALTH DURING MENOPAUSE.

CONSIDER IF YOU MEET THE FOLLOWING:

- LIVING WITH HIV
- ASSIGNED FEMALE SEX AT BIRTH
- AGE 40 TO 60 YEARS
- ARE IN THE LATE MENOPAUSAL TRANSITION OR EARLY POSTMENOPAUSE
- EXPERIENCE AN AVERAGE OF 2 OR MORE MODERATE TO SEVERE HOT FLASHES OR NIGHT SWEATS PER DAY



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If you choose to respond by email, do not include any sensitive health information, as the confidentiality of emails cannot be guaranteed.

